

**Hitachi Real-time Tissue  
Elastography:  
Publications & International  
Communications  
Clinical Abstracts**



**HI-RTE**

Hitachi Real-time Tissue Elastography

**Hitachi Real-time Tissue Elastography  
Other Applications**

## **INTEROBSERVER VARIABILITY OF ULTRASOUND ELASTOGRAPHY IN TRANSPLANT KIDNEYS: CORRELATIONS WITH CLINICAL-DOPPLER PARAMETERS.**

Ozkan F, Yavuz YC, Inci MF, Altunoluk B, Ozcan N, Yuksel M, Sayarlioglu H, Dogan E.

### **Source**

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### **Abstract**

Real-time sonoelastography (RSE) is a relatively new imaging technique that visualizes relative difference in tissue hardness by evaluating changes in local strain in response to external stress. Our aim was to evaluate the ability of investigators to use sonoelastography to detect differences in renal cortical stiffness and assess the relationship between stiffness and clinical-Doppler parameters. In 42 adult renal transplant recipients, sonoelastography of kidney was performed to calculate the strain ratio (SR) of the central echo complex to the renal parenchyma. Resistive index (RI) and pulsatility index (PI) were also measured. Estimated glomerular filtration rate (eGFR) was calculated. Parenchymal stiffness showed significant positive correlation with RI and PI ( $r: 0.41$   $p = 0.007$  and  $r: 0.48$   $p = 0.001$ , respectively). Parenchymal stiffness and eGFR did not have a significant correlation ( $p = 0.42$ ). Interobserver agreement, expressed as intraclass correlation coefficient was 0.47 (95% CI: 0.05-0.70). Parenchymal stiffness (SR) showed significant positive correlation with RI and PI but sonoelastography has also wide range intra- and low interobserver agreement in renal transplants. Further studies are warranted in larger patient groups to determine the reliability of sonoelastography in renal transplants

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## **QUALITATIVE AND QUANTITATIVE EVALUATION USING SONOELASTOGRAPHY OF SUPERFICIAL SOFT TISSUE LESIONS: A FEASIBILITY STUDY**

Nicola Magarelli MD, Chiara Carducci MD, Costanza Bucalo MD, Santi Rapisarda MD, Claudia Dell'Atti MD, Antonio Leone MD, Giulio Maccauro MD, Lorenzo Bonomo MD

### **PURPOSE**

To evaluate the clinical feasibility of a qualitative and quantitative study of benign and malignant superficial soft tissue lesions using sonoelastography (SE)

### **METHOD AND MATERIALS**

Research Ethics Committee approval and informed consent for this prospective study were obtained. Twenty-eight patients (mean age, 41 yrs; range, 21-76 yrs) with superficial soft tissue lesions were evaluated. The examination included gray-scale ultrasonography, power-Doppler and SE study in compression and decompression phases to assess tissue elasticity. For the qualitative analysis, a visual grading system (grade 1-5) was adopted, according to the color variation. The color scheme was red (soft), green (medium stiffness) and blue (hard). For the quantitative analysis Image J software 1.45 was used; each pixel was separated into red, green and blue. The median and the fraction area of each color were computed within a region of interest (ROI) adapted to the lesion. Differences between fraction area and differences between median values in compression and decompression phase were calculated. The histological findings were considered as the reference standard. Sensitivity, specificity, negative and positive predictive value and diagnostic accuracy were calculated. For the quantitative analysis, Student T-test was used ( $P < 0.05$ ).

### **RESULTS**

Fourteen of the 28 lesions (50%) were malignant and 14 benign. All malignant lesions were grade 4-5, 10 of 14 of benign lesions were grade 1-2 and 4 of 14 were grade 3 in the qualitative analysis. SE showed a sensitivity of 100%, a specificity of 77%, a negative predictive value of 100%, a positive predictive value of 71%, and an accuracy of 86%. The differences between median and fraction area values of blue revealed a statistically significant correlation with malignant lesions (respectively  $p < 0.007$ ;  $p < 0.002$ ); the red showed a statistically significant correlation with benign lesions ( $p < 0.01$ ;  $p < 0.002$ ). No statistically significant correlation for the green ( $p = 0.30$ ;  $p = 0.75$ ) with benign and malignant lesions.

#### **CONCLUSION**

Preliminary results showed a good correlation between SE and reference standard. SE could be considered a useful tool in the evaluation of superficial soft tissue lesions.

#### **CLINICAL RELEVANCE/APPLICATION**

The possibility of SE to have a clinical application to reduce the histopathologic examination as reported in literature for breast masses, thyroid nodules, testicular and prostate cancer.

*Radiological Society of North America 98th Scientific Assembly and Annual Meeting November 25th – 30th, 2012, Chicago, USA*

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## **SONOELASTOGRAPHY OF SOFT TISSUE MASSES**

Yoav Morag MD

### **PURPOSE**

To characterize the appearance of soft tissue masses on sonoelastography using color coding.

### **METHOD AND MATERIALS**

After obtaining IRB approval with informed consent, patients referred for routine clinical ultrasound of palpable soft tissue lumps from 12/08 to 2/09 were assessed by conventional gray scale and sonoelastography (HI VISION 900; Hitachi Medical Systems America; Twinsburg, Ohio). Images were retrospectively reviewed to characterize color findings and correlation was made with CT, MRI or histology when available.

### **RESULTS**

Twenty one patients were included in the study. Five of these cases had MRI (3) or CT (2) preceding (24 days) on same day or following (11, 25, and 33 days) the ultrasound scan. Of these, 2 had imaging findings consistent with intramuscular lipomas, 2 cases were consistent with subcutaneous lipomas, and 1 of these lesions with a dystrophic calcification. One case showed ill-defined subcutaneous infiltration on CT without a discernible mass. Four patients had excisional biopsies of the palpable abnormalities and histology was consistent with a subcutaneous lipoma, a subcutaneous lipoangioma, foreign body granulomatous reaction, and venous hemangioma.

At elastography, the subcutaneous lipomas had a horizontally oriented striated pattern which was characterized as tricolor, which paralleled the echogenic striations seen on gray-scale imaging. One of the intramuscular lipomas had similar faint horizontal striations, while the additional lipoma in the deltoid muscle had a mottled appearance without the horizontal striations. The other masses including the angiolioma had a variable nonspecific color coding pattern.

### **CONCLUSION**

Subcutaneous lipomas demonstrate a horizontal striation on color coded sonoelastography which may parallel the fibrotic septations present in lipomas. This pattern was not as apparent or absent in the intramuscular lipomas, which may relate to differences of elasticity in masses that are embedded in a muscle compartment surrounded by fascia. Other soft tissue masses had a variable color coding pattern.

### **CLINICAL RELEVANCE/APPLICATION**

Sonoelastography may be helpful in supporting the diagnosis of a subcutaneous lipoma and possibly in select cases of intramuscular lipomas.

*Radiological Society of North America 96<sup>th</sup> Scientific Assembly and Annual Meeting 2010, November 28<sup>th</sup> - December 2<sup>nd</sup>, Chicago*

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## **ELASTOGRAPHIC ULTRASOUND QUANTITATIVE ANALYSIS COMBINED WITH HIGH FREQUENCY IMAGING FOR CHARACTERIZATION OF BENIGN AND MALIGNANT SKIN LESIONS**

Presenter: Bahar Dasgeb

Abstract Co-Authors: Eliot Siegel

### **PURPOSE**

The purpose of this study was to investigate the use of ultra-high frequency sonography and quantitative ultrasound elastography for a variety of malignant and non-malignant skin lesions.

### **METHOD AND MATERIALS**

Forty patients with proliferative malignant neoplasms or benign skin lesions were imaged utilizing an ultra-high frequency sonography system. Elastographic properties of these lesions were also assessed. Malignant tumors included squamous cell carcinoma, basal cell carcinoma, and melanoma. Benign lesions included benign cephalic histiocytosis, dermatofibroma, lipoma, intradermal nevus, angioma, trichoepithelioma, and others. Diagnosis was confirmed histopathologically.

The physical interaction of the tissue with ultrasonic waves in the 14 to 16 MHz range was quantified using a color coding schema to reflect its physical elasticity. The ratio of elasticity between adjacent normal skin and each skin lesion was calculated. Histopathological findings including the size, extent, and depth of the lesions were recorded.

### **RESULTS**

Cystic lesions demonstrated high levels of elasticity while malignant lesions were relatively "hard" with a very low level of elasticity. The ratio of normal skin to the various skin lesions ranged from 0.04 to 0.3 for cystic skin lesions, 0.4 to 5.0 for benign proliferative lesions such as intradermal nevi or benign histiocytosis, and a ratio above 10.0 was characteristically seen in malignant lesions.

### **CONCLUSION**

High frequency ultrasound imaging and elastographic analysis visualized and quantified the elasticity of the skin and superficial soft tissue lesions. Malignant lesions were significantly less elastic (harder physically) than benign ones. We believe that this may be related to a higher density of DNA in the proliferative and compact S phase for these lesions but other characteristics, such as vascularity and compromised integrity of interstitial fibrous tissue in the chemo-immune environment of malignant skin lesions may also play a substantial role in determining their elastographic characteristics. In addition, the ratio of elasticity of the lesions to surrounding tissues was found to strongly correlate with the proliferative state of the tumor based on histopathology.

### **CLINICAL RELEVANCE/APPLICATION**

High frequency ultrasound with ultrasound elastography successfully delineated the extent of and was able to provide quantitative differentiation among a variety of benign and malignant lesions.

*Radiological Society of North America 95<sup>th</sup> Scientific Assembly and Annual Meeting November 29<sup>th</sup> – December 4<sup>th</sup>, 2009, Chicago, USA*

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[2] Scholz M, Noack V, Pechlivanis I, Engelhardt M, Fricke B, Linstedt U, Brendel B, Schmieder K, Ermert H, Harders A, Vibrography during tumor neurosurgery, *J Ultrasound Med*, 24 (7): 985–92, 2005.

*Eighth International Conference on the Ultrasonic Measurement and Imaging of Tissue Elasticity, September 14 – 17, 2009, Vlissingen, The Netherlands*

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## **ELASTOGRAPHIC DIAGNOSIS OF AMELANOTIC SKIN LESIONS**

Dr Michiko Nakajima, Dr Yoshio Kiyohara, Dr Masahito Taguchi, Dr Masayuki Kobayashi  
Saitama Medical University, Japan

**Objective:** We examined to evaluate the diagnostic performance of real-time freehand elastography by using the extended combined autocorrelation method to differentiate benign from malignant amelanotic skin lesions. We used pathologic diagnosis as the reference standard.

**Material and Methods:** Studies were made on the 10 cases of benign skin tumors and 8 cases of malignancy. In conventional study, we used 13-6MHz linear transducer. First, B mode and color Doppler sonography was performed. On same day, we next obtained Elastography images as motion images. All elastographic imaging was performed with a 13-6(7.5MHz) linear transducer without the stabilizer. Follow TSUKUBA elastography score to a breast cancer, we assigned each image an elasticity score on a five point scores.

Score 1: The entire lesion was evenly shaded green.

Score 2a: The lesion shows mosaic of green and blue, and the thing of green predominance.

Score 2b: The lesion shows mosaic of green and blue, the thing of blue predominance.

Score 3: The central part of the hypoechoic lesion is blue and the peripheral part of the lesion is green.

Score 4: The entire lesion is blue.

Score 5: Both the entire lesion and its surrounding area are blue.

**Results:** Using elastography, almost malignant tumors changed deep blue and benign tumors even though hypervascular tumors were evenly shaded green or mosaic (green dominant).

**Conclusion:** It is useful for differential diagnosis of amelanotic skin lesions to use elastography.

*12<sup>th</sup> World Congress of the World Federation for Ultrasound in Medicine and Biology, 30<sup>th</sup> August – 3<sup>rd</sup> September 2009, Sydney, Australia*

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## **USEFULNESS OF ULTRASONOGRAPHIC ELASTOGRAPHY FOR EVALUATION OF VENOUS THROMBOEMBOLISM**

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We evaluated usefulness of ultrasonography elastography (USEG) for diagnosis of deep venous thrombosis (DVT).

**Methods:** The 189 cases were divided into 5 groups according to the time from onset: A: Within 1 week (W) (n=45), B: 1 W to 1 month (M) (n=74), C: 1M to 3 M (n=31), D: 3M to 12 M (n=19), E: More than 12M (n=20). USEG (Hitachi) can evaluate hardness of thrombus by color images. By USEG, hardness of thrombus was divided into 3 groups (soft or none: red, medium: green, hard: blue). Within 1 W, USEG demonstrated red color in 3 and green color in 17 cases.

**Results:** After 12 M, USEG demonstrated red or green color in few cases. Red color was present until 1 M, and number of cases with green color decreased from 1 to 3 M. Blue color was detected from 1W to more than 12M, but peak period was 1W to 1M. Blue color represents with old thrombus and red with fresh one. C-reactive protein (CRP) was greater in green group than in blue (4.25±6.23 microgram per ml vs 1.41 and standard deviation 2.23 microgram per ml, P=0.05). D-Dimer was greater in green group than in blue (14.00±13.17 microgram per ml vs 11.31±19.44 microgram per ml, P=0.05).

In conclusion, USEG was very useful for evaluation of characteristics of VTE, and could differentiate fresh thrombus from old and hard one. D-Dimer or CRP may be associated with fresh thrombus.

*Circulation Journal Vol 73, Suppl 1, 2009*

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### **ULTRASOUND ELASTICITY IMAGING CAN DETECT HIGH RISK PATIENTS WITH DEEP VEIN THROMBOSIS WHO RESULTS IN PULMONARY EMBOLISM**

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Division of Cardiology, Osaka Rosai Hospital, Sakai

Ultrasound elasticity imaging (UEI) is a technology for imaging tissue hardness. Deep vein thrombosis (DVT) undergo progressive hardening. We examined whether UEI can detect high risk patients with DVT who result in pulmonary embolism (PE). UEI were performed with EUB 8500 (Hitachi Medical Corporation) in 20 consecutive patients with DVT. Using UEI, we analyzed elasticity score, strain value and strain ratio. In addition, we evaluated occurrence of PE using contrast enhanced computer tomographic angiography (CTA) and lung perfusion scintigram (PS). We divided our patients into PE group and non-PE group and compared ultrasound parameters and incidence of dyslipidemia, diabetes mellitus and hypertension. Twelve patients (60%) were diagnosed as PE. Strain value of PE group was significantly lower than that of non-PE group (table). UEI is effective to distinguish high risk patients with DVT.

	PE group(n=12)	Non PE group(n=8)	p value
Age	67±16	67±16	n.s.
Male	4(33%)	3(38%)	n.s.
Diabetes Mellitus	2(17%)	1(13%)	n.s.
Hypertension	4(33%)	2(25%)	n.s.
Dyslipidemia	7(58%)	5(65%)	n.s.
Elasticity Score	2.2±1.0	2.1±1.3	n.s.
Strain Value	0.43±0.08	0.48±0.22	p<0.05
Strain Ratio	6.3±12.2	20.0±25.8	n.s.

*Circulation Journal Vol 73, Suppl 1, 2009*

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### **AGING OF VENOUS THROMBOSIS - COMPARISON BETWEEN HISTOLOGICAL AND TISSUE ELASTICITY IMAGING**

Kiyoko Uno, Akiko Tonomura, Makoto Yamakawa, Tomoko Ishizu, Yoshihiro Seo, Satoshi Honma, Tsuyoshi Shiina, Kazutaka Aonuma

Tissue elasticity imaging is a technology for imaging tissue hardness. Venous thrombus is known to be harder and stabilized as they mature. The aim of this study was to examine the diagnostic ability of ultrasound elastography for determining the age of venous thrombus by histological verification. Methods. Experimental venous thrombi aging 2, 5, 7, 10 and 14 days were created in a rat model by ligation of infrarenal Vena cava. Thrombosed Vena cava were underwent examination by ultrasound elastography. In addition, histological evaluation of the thrombi was performed.

Results. As shown in figure, ultrasound elastography demonstrated a harder image correlated with the increasing of fibroblast and collagen production in the clots, and recanalisation site showed a soft image.

Conclusion. Ultrasound elastography is useful in determining the age of venous thrombus.

*Circulation Journal Vol 72, Suppl 1, 2008*

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## **ELASTOGRAPHIC AND COLOR DOPPLER DIAGNOSIS OF SKIN TUMORS**

Dr Nakajima, Saitama Medical University

**Purpose:** To evaluate the diagnostic performance of real-time freehand elastography by using the extended combined autocorrelation method (CAM) and color power) Doppler sonography to differentiate benign from malignant skin lesions.

**Method and materials:** Studies were made on the 40 cases of benign skin tumors and 40 cases of malignancy. In Elastographic study, we used EUB 8500 system. During our conventional examination, we obtained B-mode images first, and then color Doppler US was performed. On the same day, we next obtained elasticity images as motion images. We assigned each image an elasticity score on a five point scores. Score 1: the entire lesion was evenly shaded green. Score 2a: the lesion shows mosaic of green and blue. and the thing of green predominance. Score 2b: the lesion shows mosaic of green and blue. and the thing of blue predominance. Score 3: The central part of the hypoechoic lesion is blue and the peripheral part of the lesion is green. Score 4: The entire lesion is blue. Score 5: Both the entire lesion and its surrounding area are blue. In color Doppler imaging, We classified 4 types. Type 1: color signal is not detected in the lesions. Type 2: Single vascular pole in the lesions is detected Type 3: A lot of straight internal vessels and branches are detected. Type 4: A lot of tortuous internal vessels and branches are detected. We used pathologic diagnosis as the reference standard.

**Results:** In color Doppler examination, 31 benign lesions were showed type 1 or 2, whereas the malignant tumors were showed type 3 or 4. But 9 benign lesions were showed type 3 or 4, namely they were hypervascular tumors as same as malignancy. In elastographic examination all benign lesions were showed score 1 or 2a and all malignant tumors were showed score 2b or above 2b. Moreover about within 2 cm malignant tumors(36 cases), they were all showed score 3,4 and 5.

**Conclusion:** It is useful for differential diagnosis of skin tumors to use elastography combined color Doppler sonography.

**Clinical relevance/application:** Elastography study is safety and can demonstrate eloquent areas of malignant skin tumors and this exam is recommended when the underlying cause of such a lesion is unclear.

*Radiological Society of North America 93<sup>rd</sup> Scientific Assembly and Annual Meeting November 25<sup>th</sup> – 30<sup>th</sup>, 2007, Chicago, USA*

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## **ULTRASONIC ELASTOGRAPHY IMAGING OF DEEP VENOUS THROMBOSIS**

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**Background:** Elastography is a unique ultrasonoic(US) technique invented by Hitachi Medical and Tsukuba University in Japan. This technique can provide the relative elasticity of substance in color images. Color images are graded according to the elasticity, and they change from blue for hard to red for soft. We applied this new technique to evaluate deep venous thrombosis (DVT) since 2004 using EUB 8500.

**Aim:** To evaluate the hardness of venous thrombus in the patients with DVT, and examine the course of thrombus.

**Object:** Acute or chronic 51 DVT were examined by this methods in our hospital since October 2004 to September 2006. Age is  $66.5 \pm 12$ . 23 patients were male and 28 patients were female.

Results: 7 cases developed into PTE. 44 cases were DVT alone. In PTE case, 57.1% were green color imaging and 28.5% were blue. In non PTE case, 18.2% were green and 81.5% were blue. Conclusion: green color imaging thrombus on elastography are more likely to develop into PTE. (p=0.0239) Blue color imaging thrombus are not likely to develop into PTE. (p= 0.0021 )

*Circulation Journal Vol 71 Suppl 1 PJ-709, 2007*

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## **APPLICATION OF ULTRASONIC ELASTOGRAPHY FOR EVALUATION OF DEEP VENOUS THROMBOSIS**

K. Shimizu, K. Nakamura, T. Hirohashi, et al

Background: we strated to use ultrasonographic (US) elastography to evaluate hardness and color of thrombus in DVT patients. This new elastography technique was invented by Hitachi in 2003, and often used to evaluate elasticity for tumor of the breast in japan. Elasticity of thrombus was evaluated by compression US (elastography). Color images are graded from blue for hard to red for soft. We applied this new technology to evaluate DVT.

Aim: To evaluate the hardness of DVT, and examine the response of therapy by color.

Object: 11 had admitted in our hospital to treat DVT since Oct 2004 to Sept 2005. Age is 37 – 76 years old. Patient's background were various, cancer, pregnancy, CV catheter, long drive, etc

Methods: All patients had given heparin and warfarin and put a elastic stocking. Some patients had given urokinase by drip infusion from distal leg. Our using US system is HITACHI EUB-8500. In addition, some patients had done angiography (AS) to evaluate the thrombus.

Conclusion: We are able to observe the elasticity of DVT. 3 or 6 months later, 4 red-green color thrombus in elastography was already lost or diminished. 7 blue thrombus in elastography were existed yet. Ultrasonographic (US) elastography is a useful tool for evaluation of DVT. Color of thrombus may suggest us whether this thrombus have a possibility of dissolution or not.

*Circulation Journal Vol 70 Suppl 1 PE-623, 2006*

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## **ELASTOGRAPHIC DIAGNOSIS OF SKIN TUMORS**

Michiko Nakajima, Masao Shimizu, Osamu Kishino, Rieko Igarashi, Kimie Takeuchi, Yoshio Kiyohara\*, Kazuhide Nanri\*\* Clinical Laboratory Medicine, Saitama Medical University, Saitama, \*Dermatology, \*\* Clinical Laboratory, Shizuoka Prefectural Cancer Center, Shizuoka, Japan.)

### **Aims:**

To determine whether skin tumors were malignancy or not, we used Elastography.

### **Materials and methods:**

Materials: Thirty cases of benign skin tumors (atheroma, nevus, lipoma, hemangioma, granuloma) and 32 cases of malignant skin tumors( squamous cell carcinoma, basal cell carcinoma, malignant melanoma, intransit metastasis of malignant melanoma and malignant lymphoma).

Methods: After we used gray scale sonography, and color Doppler sonography, we examined elastography using HITACHI EUB 8500. In this elastography, according to elastic coefficient is increased, the color imaging changes red, green to blue.

### **Results:**

Twenty eight cases of benign tumors were seen green and 2 benign tumors were seen mosaic (red-green-blue). Twenty seven malignant tumors were seen blue or deep blue. Five malignant tumors were seen mosaic but blue area was dominant. We observed that the red area was fusional area or vessels using gray scale sonography and color Doppler sonography.

**Conclusions:**

It is useful for differential diagnosis of skin tumors using elastography.

*XIXth Congress of European Federation of Societies for Ultrasound in Medicine and Biology,  
September 15<sup>th</sup> – 18<sup>th</sup>, 2006, Bologna, Italy.*

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